

SPORT POOMSAE WTF/USAT – Black Belt

Black Belt 1st – 9th Dan

Individual - Male & Female Divisions

11 and under

Cadet (12-14)

Juniors (15-17)

1st Senior (18-30)

2nd Senior (31-40)

1st Master (41-50)

2nd Master (51-60)

3rd Master (61+)

1. All competitors participating in the SPORT POOMSAE WTF/USAT (**Black Belts only**) competition will be required to present the designated poomsae as indicated below for their age division.
2. For SPORT POOMSAE WTF/USAT, please see designated poomsae listed below and it will follow a modified cut-off method for competition 12 or less final round; 13 + preliminary and final rounds.

Designated Poomsae (Forms) – Black Belt Divisions 1st – 9th Dan – WTF/USAT Scoring

Divisions	Preliminary	Final
<i>Individual – Male & Female Divisions</i>		
11 and under	Taegeuk 4	Taegeuk3, Koryo
Cadet (12 – 14 years)	Taegeuk 5	Taegeuk 3, Koryo,
Junior (15 – 17 years)	Taegeuk 7	Taegeuk 8, Keumgang
1 st Senior (18 – 30 years)	Koryo	Taegeuk 6, Pyongwon
2 nd Senior (31 – 40 years)	Taebaek	Keumgang, Shipjin
1 st Master (41 – 50 years)	Taejeuk 8	Jitae, Chonkwon
2 nd Master (51 – 60 years)	Hansu	Keumgang, Jitae
3 rd Master (61+ years)	Keumgang	Shipjin, Hansu